

OB GYN Surgery Post Op

Procedure: _____

- Place as Inpatient
- Place as Outpatient

Observation (Must have 3 of following criteria: Pain/Headache/vomiting uncontrolled, Unable to void, IV fluids greater than or equal to 100 ml/hour, IV antibiotic therapy 2X/day)

- Full Code Status

Orders will be initiated if the box is checked

Vital Signs

- Per post-op routine
- Notify physician if temp greater than _____
- Notify physician if pulse less than 60 or greater than 120, BP systolic greater than 170 or less than 80 and/or diastolic less than 40 or greater than 105

Diet

- NPO/Sips and ice chips as tolerated, then
 - Regular
 - Other: _____
 - Other: _____

Laboratory

- CBC in a.m.
- H/H in a.m.
- BMP (SMA 8) in a.m.
- Creatinine
- Other: _____

Activity

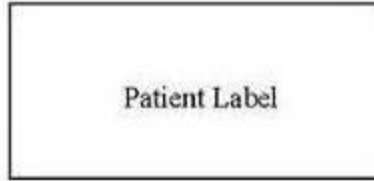
- Bed rest
- Turn and leg movements every 2 hours
- Up in chair by _____
- Ambulate as tolerated
- Continue SCD until fully ambulating
- May shower in _____

Respiratory

- Cough and deep breathe every 2 hours while awake
- Incentive spirometer every 2 hours while awake

I&Os

- Every _____ hours for _____ hours then every shift
- Notify physician if urine output less than _____ ml in _____ hours for _____ consecutive hours



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IV Fluids

- D5LR at 125 ml/hour
- Other: _____
- Saline lock IV when tolerating diet well or _____
- Discontinue IV when _____

Drains and Interventions

- Foley to gravity
- Remove Foley: _____
- Start voiding trials _____
- Nothing per rectum if posterior repair
- Remove vaginal pack in a.m.
- Remove dressing in a.m.
- Other drains: _____
- Harris drip PRN gas

Medications

Pain

- PCA–See PCA order sheet
- Morphine _____ mg IV IM every 4 hours PRN severe pain
- Ketorolac (Toradol) 30 mg IV every 6 hours scheduled x 4 doses
- Propoxyphen/Acetaminophen (Darvocet N) 100/650 mg _____ tab PO every 4 hours PRN mild pain
- Hydrocodone/Acetaminophen (Lortab) 5/500 mg _____ tab PO every 4 hours PRN moderate pain
- Hydrocodone/Acetaminophen (Norco) 5/325 mg _____ tabs PO every 4 hours PRN moderate pain
- Ibuprofen (Motrin) 800 mg PO every 8 hours PRN moderate pain
- Other: _____

Nausea/Vomiting

- Promethazine (Phenergan) _____ mg IM IV PO every 4 hours PRN
- Metoclopramide (Reglan) 10 mg IV PO every 6 hours PRN for nausea unrelieved by promethazine
- Ondansetron (Zofran) 4 mg IV PO every 6 hours PRN for nausea unrelieved by promethazine
- Other: _____

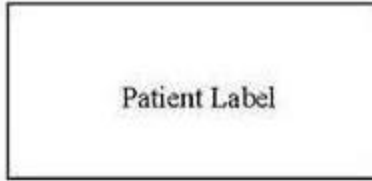
Sleep

- Zolpidem (Ambien) 10 mg PO bedtime PRN
- Temazepam (Restoril) 30 mg PO bedtime PRN
- Other: _____

Antibiotics

- Cefazolin (Ancef) 1 gram IVPB, if greater than 80 kg, then give 2 grams; every 8 hours x 2 doses (Start first dose 8 hours from pre-op dose)
- Cefoxitin (Mefoxin) 2 grams IVPB every 6 hours x 3 doses (Start first dose 6 hours from pre-op dose)
- If allergic to Ancef: Clindamycin 900 mg IVPB every 8 hours x 2 doses (Start first dose 8 hours from pre-op dose)
- Treatment _____

Hormones: _____



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Miscellaneous

- Mag-Al-Plus 30 ml PO every 4 hours PRN indigestion
- Docusate (Colace) 100 mg PO twice per day
- Iron Sulfate 325 mg PO twice per day
- Simethicone (Mylicon) 80 mg PO four times per day
- Biscacodyl (Dulcolax) 10 mg suppository rectally every 6 hours PRN constipation
- Other: _____

Additional Orders

- Please schedule post-op appointment in _____ weeks
- Place 2 copies of post-op discharge instructions on chart
- Remove staples and apply steri-strips upon discharge
- _____
- _____

Physician/Staff Signature Date/Time

Physician Signature Date/Time