

Caesarean Section Post Op

Diagnosis: _____

Place as Inpatient

Full Code Status

Orders will be initiated if the box is checked

Vital Signs

Per post-op routine

Diet:

Sips and ice chips as tolerated, then

Regular

Other: _____

Lab

CBC in a.m.

H/H in a.m.

RhoGAM work up if Rh negative

Other: _____

Activity

Ambulate as tolerated with assistance when anesthesia wears off

Continue SCD until ambulating independently

May shower _____

Thigh high anti-embolism stockings

Respiratory

Cough and deep breathe every 2 hours while awake

Incentive spirometer every 2 hours while awake

I&Os

Every _____ hours for _____ hours then every shift

Notify physician if urine output less than _____ ml in _____ hours

Foley to gravity discontinue in a.m. on post op day #1

IV Fluids

D5LR at 125 ml/hour

Hang premixed bag of 1000 ml LR + 20 units Pitocin at 125ml/hour

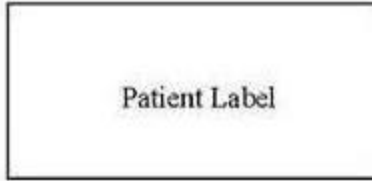
Saline lock IV when tolerating PO fluids or _____

Discontinue IV when _____

Other: _____

Interventions

Remove dressing in a.m.



Caesarean Section Post Op

Medications

Pain

- Morphine _____ mg IV IM every 4 hours PRN pain
- Propoxyphen/Acetaminophen (Darvocet N) 100/650 mg _____ tab PO every 4 hours PRN pain
- Hydrocodone/Acetaminophen (Lortab) 5/500 mg _____ tab PO every 4 hours PRN pain
- Hydrocodone/Acetaminophen (Norco) 5/325 mg _____ tabs PO every 4 hours PRN pain

Hold above narcotic pain medications for first 16 hours post epidural/intrathecal injection

- Ketorolac (Toradol) 30 mg IV every 6 hours scheduled x 4 doses
- Ibuprofen (Motrin) 800 mg PO every 8 hours PRN pain
- Other: _____

Nausea/Vomiting

- Promethazine (Phenergan) _____ mg PO IM IV every 4 hours PRN
- Metoclopramide (Reglan) 10 mg IV PO every 6 hours PRN
- Ondansetron (Zofran) 4 mg IV PO every 6 hours PRN
- Other: _____

Sleep

- Zolpidem (Ambien) 10 mg PO bedtime PRN
- Temazepam (Restoril) 30 mg PO bedtime PRN
- Other: _____

Miscellaneous

- Mag-Al-Plus 30 ml PO every 4 hours PRN indigestion
- Docusate (Colace) 100 mg PO twice per day
- Iron Sulfate 325 mg PO twice per day
- Simethicone (Mylicon) 80 mg PO four times per day
- Bisacodyl (Dulcolax) suppository rectally PRN gas
- Rubella vaccine subcutaneous x 1 dose if indicated. May substitute MMR if rubella vaccine not available.
- RhoGAM 1 vial IM x 1 dose if indicated
- Lanolin breast cream at bedside if breastfeeding
- Other: _____

Antibiotic: _____ for _____

Additional Orders

- Please schedule post-op appointment in _____ weeks
- Place 2 copies of post-op discharge instructions on chart
- Remove staples and apply steri-strips upon discharge
- _____

Physician/Staff Signature Date/Time

Physician Signature Date/Time