WHAT IS THE KITCHEN?

THE Kitchen is a family of four programs: Meals on Wheels, Red Door Senior Center, Green Door Senior Center, and Kid’s Meals Program.

Our mission is to serve the Wichita Falls community by meeting nutritional requirements while providing complimentary services to those in need.

THE Kitchen became a non-profit in 1967. For more than 50 years then we have been feeding seniors, disabled, homebound, and children in our community. Last year, THE Kitchen prepared 399,987 meals.

Here is a little more about each of our programs:

Meals on Wheels began about 50 years ago, when seniors made delivered plates of food from the potluck gatherings to friends who were unable to leave their homes due to illness or disabilities. Today, Meals on Wheels delivers 850 meals for 7 days of the week over 57 routes. More than 300 volunteers commit time to bring food to our clients, while building relationships with them. In 2018, a total of 255,805 meals were delivered through MOW.

The Red Door Senior Center began in 1967 and was the first senior citizen’s center in Wichita Falls. Today, it is located at 1000 Burnett and serves meals for 100-250 daily, seniors Monday through Friday. The Red Door hours are 9:00am – 4:00pm. It provides activities such as bingo, karaoke, health screens, educational programs, and a monthly celebration.

The Green Door Senior Center is located in the Martin Luther King Center at 1100 Smith Street. Since 1978, meals have been served in the center free of charge. Approximately 30-50 seniors receive lunch prepared by THE Kitchen, Monday through Friday, and enjoy fellowship in the facility.

The Kids Meals Program has two parts. More than 10 years ago, THE Kitchen became the caterer for the Kid’s Café, a program of the Wichita Falls Area Food Bank. More than 10,000 meals are prepared a month for after-school programs such as the Boys and Girls Club and Campfire. In 2017, Meals on Wheels was approved to also begin deliveries to homebound children with disabilities and their caregivers.